

# REGISTRATION FORM

- ① Online at [sheltersrighthand.org](http://sheltersrighthand.org)
- ② Complete and mail in this form  
*(form can be downloaded at sheltersrighthand.org)*
- ③ Register on Walk day\* *(registration opens at 6:30 am)*  
5K Walk Day: Saturday, April 22, 2023  
*\*(Same day registrants are not guaranteed a T-Shirt)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (    ) \_\_\_\_\_

Email \_\_\_\_\_

Affiliated Organization/Group: \_\_\_\_\_

**ENTRY FEE** (non-refundable/tax deductible)

**\$35 on or before April 7, 2023**

**\$40 on or after April 8, 2023**

**\$20 entry fee for all Students**

**Become a SUPPORTER by donating online, too!**

*I won't be able to walk, but please accept my donation of \$ \_\_\_\_\_ (mail in check)*

Mail completed forms, entry fee, and money collected to:



**Shelter's Right Hand**  
P.O. Box 9304  
Whittier, CA 90608  
For more information call (657) 549-2551

**T-Shirt Size:**  S  M  L  XL  XXL

**No T-Shirt** - proceeds go toward the Shelter

**WAIVER, ASSUMPTION OF RISK AND PHOTO RELEASE:**

By signing this waiver, assumption of risk and photo release, I release the sponsors and promoters of this walk, Shelter's Right Hand, Women's and Children's Crisis Shelter, City of Whittier, and any and all persons or agencies connected with this walk for any injuries or property damage resulting from my participation in this event. I certify that I am physically fit to participate in this walk. I also authorize the free use of my name and pictures taken on the day of the walk for publicity purposes.

**PARTICIPANTS MUST SIGN THIS RELEASE BEFORE REGISTRATION WILL BE ACCEPTED.**

**X Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Parent (or legal guardian) if under 18 years of age

# 5K WALKER SPONSOR SHEET

Shelter's Right Hand 5K Walk  
Saturday, April 22, 2023

Walker's Name \_\_\_\_\_

**Collect donations from family and friends to help us more!**

*Suggested minimum sponsorship per person is \$10.00. Copy this form or download from our website for additional sponsorship listings.*

Sponsor's Name	Amount
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

Make checks payable to **Total**  
Shelter's Right Hand

P.O. Box 9304, Whittier, CA 90608

All contributions are tax deductible 501(c)(3) Tax ID 95-3738316

A tax deduction may be taken for all but \$10 by walkers, who receive goods.

All other donations are fully tax deductible.

**PROCEEDS BENEFIT**

**THE WOMEN'S AND CHILDREN'S CRISIS SHELTER**